



Churchill Park School
Medium Term Plan – Key Stage - Books & Authors

Year 9

	Week 1	Week 2	Week 3	Week 4	Week 5
Physical Education	<p>Objective: Games –To explore throwing & Catching techniques.</p> <p>Success Criteria: Support: I can slide a bean bag to a targeted destination</p> <p>Core: I can throw a beanbag underarm to a targeted destination.</p> <p>Extension: I can throw a beanbag overarm to a targeted destination.</p> <p>LOtC: Use playground apparatus Use playground markings as targets or measures of distance for bean bags</p> <p>SMSC Reflection, team & group work, Independent working on their own, Sense of enjoyment & fascination in learning about themselves, others & the world around them.</p> <p>Cooperating well with others and being able to resolve conflicts effectively.</p> <p>Willingness to participate in & respond to artistic, musical, sporting & cultural opportunities.</p> <p>Respect for the environment, respect for each other.</p> <p>Using IT: Use of iPad Mini to record assessment via classroom monitor/ still photo & video. Stop watches. Learning about different ways to carry and throw a beanbag safely.</p> <p>Suggested Activities: Warm up ‘traffic lights’ Hide-fox and all after. A children's game, considered by many to be identical with hide-and-seek. It is mentioned by Hamlet (iv. 2).</p> <p>Beanbag activities Learning about moving in your own space in a variety of ways safely using your equipment.</p> <p>Learning about different ways to carry</p>	<p>Objective: Games – To throw and catch while on the move</p> <p>Success Criteria: Support: I can throw a beanbag to a partner who is stationary Core: I can throw a beanbag while moving to a stationary partner. Extension: I can throw and catch a beanbag while on the move.</p> <p>LOtC: Use playground apparatus Use playground markings as targets or measures of distance for bean bags Play Quoits on the playground or school field.</p> <p>SMSC Reflection, team & group work, Independent working on their own, Sense of enjoyment & fascination in learning about themselves, others & the world around them.</p> <p>Cooperating well with others and being able to resolve conflicts effectively.</p> <p>Willingness to participate in & respond to artistic, musical, sporting & cultural opportunities.</p> <p>Respect for the environment, respect for each other.</p> <p>Using IT: Use of iPad Mini to record assessment via classroom monitor/ still photo & video. Stop watches. Learning about different ways to carry and throw a beanbag safely.</p> <p>Suggested Activities: Warm up ‘video game’(Stop, pause, left, right, up, down)</p> <p>Quoits & Beanbags(quoits referred to in "2 Henry IV" (ii. 4), by Falstaff, who assigns as one of the reasons why Prince Henry loves Poina): Reproducing and applying the same safety rules learned in week 1.</p> <p>Learning about ways to throw, roll, bowl, balance and retrieve quoits.</p>	<p>Objective: Games– To use different body parts to catch beanbags</p> <p>Success Criteria: Support: I can explore balancing beanbag on different body parts. Core: I can catch a beanbag with a different body part than the hands Extension: I can catch a beanbag with more than one different body part other than the hands.</p> <p>LOtC: Use playground apparatus Use playground markings as targets or measures of distance for bean bags</p> <p>SMSC Reflection, team & group work, Independent working on their own, Sense of enjoyment & fascination in learning about themselves, others & the world around them.</p> <p>Cooperating well with others and being able to resolve conflicts effectively.</p> <p>Willingness to participate in & respond to artistic, musical, sporting & cultural opportunities.</p> <p>Respect for the environment, respect for each other.</p> <p>Using IT: Use of iPad Mini to record assessment via classroom monitor/ still photo & video. Stop watches. Learning about different ways to carry and throw a beanbag safely.</p> <p>Suggested Activities: Warm up Beans game</p> <p>Quintain. This was a figure set up for people to run at, in mock resemblance of a tournament, and is alluded to in "As You Like It" (i. 2)</p> <p style="text-align: center;">Beanbags</p> <p>Develop body awareness through catching beanbags with different body parts.</p>	<p>Objective: Games-To hit & kick a ball in a variety of ways</p> <p>Success Criteria: Support: I can ground pass a ball to a partner Core: I can ground pass to and receive a pass from a partner Extension: I can ground pass to and receive a pass from a partner whilst moving</p> <p>LOtC: Play kickball on playground or school field Practice passing the ball on the playground. Use goal posts on school playground Use mugga for five a side game</p> <p>SMSC Reflection, team & group work, Independent working on their own, Sense of enjoyment & fascination in learning about themselves, others & the world around them.</p> <p>Cooperating well with others and being able to resolve conflicts effectively.</p> <p>Willingness to participate in & respond to artistic, musical, sporting & cultural opportunities.</p> <p>Respect for the environment, respect for each other.</p> <p>Using IT: Use of iPad Mini to record assessment via classroom monitor/ still photo & video. Stop watches. Learning about different ways to carry and throw a beanbag safely.</p> <p>Suggested Activities: Warm up ‘traffic lights’</p> <p>Large soft balls Reproducing and applying the same safety rules learned in week 1. Learning individually about throwing and catching in a wide variety of ways. Tracking / Fielding balls rolled to them. Moving in line with the ball to collect it. Hit and kick a ball in a variety of ways.</p>	<p>Objective: Games – To use different body parts to pass the ball.</p> <p>Success Criteria: Support: I can use a different body part to pass the ball. Core: I can pass and receive the ball using a different body part Extension: I can pass and receive the ball using a different body part whilst moving</p> <p>LOtC: Play kickball on playground or school field Practice passing the ball on the playground. Use goal posts on school playground Use mugga for five a side game</p> <p>SMSC Reflection, team & group work, Independent working on their own, Sense of enjoyment & fascination in learning about themselves, others & the world around them.</p> <p>Cooperating well with others and being able to resolve conflicts effectively.</p> <p>Willingness to participate in & respond to artistic, musical, sporting & cultural opportunities.</p> <p>Respect for the environment, respect for each other.</p> <p>Using IT: Use of iPad Mini to record assessment via classroom monitor/ still photo & video. Stop watches. Learning about different ways to carry and throw a beanbag safely.</p> <p>Suggested Activities: Warm up ‘video game’(Stop, pause, left, right, up, down)</p> <p>Large soft balls Using the techniques (chest pass, bounce pass and overhead pass) learned with a partner or in a small group. (‘piggy in the middle’ type activities) (Incorporate the travelling rule and</p>



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<p>and throw a beanbag safely.</p> <p>Learning how to throw or roll (slide) a beanbag for accuracy and distance using an underarm or over arm throw with increased accuracy.</p> <p>Develop co-operation and competition.</p> <p>Learning and reproducing the appropriate names for certain throws</p> <p>Beanbags Large metal bin, beanbags Carrying beanbag across the room to put in the bin and returning to seat Sitting in a circle, passing a beanbag to the next person. Introduce a second beanbag Can you get faster? In a circle, dropping or throwing beanbag into bin, taking turns.</p> <p>Balloons Watching as balloon is pushed up above their heads, reach for it as it falls Knocking balloon to another child Catching it when pushed by an adult Carrying it across the room Shake it in a parachute</p> <p>Balls Rolling across a table to another child, (put a tuff tray on table to keep it inside, or use several small balls in this way.) Do the same activities as with beanbags Use sending chute to play skittles, borrow the ones in pink class or try the big wooden ones. Use the big physio ball to push across the circle, try sitting further apart. Thread the plastic airflow balls onto long pieces of string, tie right across the classroom. Children to move them from one side of the room to the other</p>	<p>Learning & improving on the different handling skills combining the beanbags and quoits. Throw and catch a beanbag while on the move. Use of different levels and directions to develop awareness of space. Use a partner to throw and catch while travelling.</p> <p>Beanbags Large metal bin, beanbags Carrying beanbag across the room to put in the bin and returning to seat Sitting in a circle, passing a beanbag to the next person. Introduce a second beanbag Can you get faster? In a circle, dropping or throwing beanbag into bin, taking turns.</p> <p>Balloons Watching as balloon is pushed up above their heads, reach for it as it falls Knocking balloon to another child Catching it when pushed by an adult Carrying it across the room Shake it in a parachute</p> <p>Balls Rolling across a table to another child, (put a tuff tray on table to keep it inside, or use several small balls in this way.) Do the same activities as with beanbags Use sending chute to play skittles, borrow the ones in pink class or try the big wooden ones. Use the big physio ball to push across the circle, try sitting further apart. Thread the plastic airflow balls onto long pieces of string, tie right across the classroom. Children to move them from one side of the room to the other</p>	<p>Improve catching skills through a variety of advanced throws (high, low, side). Develop an understanding of catching high and low balls. Use of partner and group work to develop catching under pressure in a game situation.</p> <p>Beanbags Large metal bin, beanbags Carrying beanbag across the room to put in the bin and returning to seat Sitting in a circle, passing a beanbag to the next person. Introduce a second beanbag Can you get faster? In a circle, dropping or throwing beanbag into bin, taking turns.</p> <p>Balloons Watching as balloon is pushed up above their heads, reach for it as it falls Knocking balloon to another child Catching it when pushed by an adult Carrying it across the room Shake it in a parachute</p> <p>Balls Rolling across a table to another child, (put a tuff tray on table to keep it inside, or use several small balls in this way.) Do the same activities as with beanbags Use sending chute to play skittles, borrow the ones in pink class or try the big wooden ones. Use the big physio ball to push across the circle, try sitting further apart. Thread the plastic airflow balls onto long pieces of string, tie right across the classroom. Children to move them from one side of the room to the other</p>	<p>Experience a kicking and fielding game (“kick ball”).</p> <p>Football. An allusion to this once highly popular game occurs in "Comedy of Errors" (ii. i). Dromio of Ephesus asks:/ Also played during WW2</p> <p>Describing the way your body feels during a game</p> <p>Beanbags Large metal bin, beanbags Carrying beanbag across the room to put in the bin and returning to seat Sitting in a circle, passing a beanbag to the next person. Introduce a second beanbag Can you get faster? In a circle, dropping or throwing beanbag into bin, taking turns.</p> <p>Balloons Watching as balloon is pushed up above their heads, reach for it as it falls Knocking balloon to another child Catching it when pushed by an adult Carrying it across the room Shake it in a parachute</p> <p>Balls Rolling across a table to another child, (put a tuff tray on table to keep it inside, or use several small balls in this way.) Do the same activities as with beanbags Use sending chute to play skittles, borrow the ones in pink class or try the big wooden ones. Use the big physio ball to push across the circle, try sitting further apart. Thread the plastic airflow balls onto long pieces of string, tie right across the classroom. Children to move them from one side of the room to the other</p>	<p>encourage movement with each pass.) Develop co-operation through relay games.</p> <p>Football. An allusion to this once highly popular game occurs in "Comedy of Errors" (ii. i). Dromio of Ephesus asks:/ Also played during WW2</p> <p>Beanbags Large metal bin, beanbags Carrying beanbag across the room to put in the bin and returning to seat Sitting in a circle, passing a beanbag to the next person. Introduce a second beanbag Can you get faster? In a circle, dropping or throwing beanbag into bin, taking turns.</p> <p>Balloons Watching as balloon is pushed up above their heads, reach for it as it falls Knocking balloon to another child Catching it when pushed by an adult Carrying it across the room Shake it in a parachute</p> <p>Balls Rolling across a table to another child, (put a tuff tray on table to keep it inside, or use several small balls in this way.) Do the same activities as with beanbags Use sending chute to play skittles, borrow the ones in pink class or try the big wooden ones. Use the big physio ball to push across the circle, try sitting further apart. Thread the plastic airflow balls onto long pieces of string, tie right across the classroom. Children to move them from one side of the room to the other</p>
Week 6	Week 7	Week 8	Week 9	Week 10
<p>Objective: Games – To learn the basic invasion game skills/rules Success Criteria: Support: I can pass the ball to someone in their team Core: I can pass to and receive the ball</p>	<p>Objective: Games - To roll, bowl and bounce the ball to a partner Success Criteria: Support: I can roll the ball in different directions to a partner Core: I can dribble bounce the ball to a</p>	<p>Objective: Games – To throw, catch and evade within a game Success Criteria: Support: I can throw the ball/beanbag to a moving partner Core: I can dribble bounce the ball to a</p>	<p>Objective: Games – To develop kicking/moving a ball to a designated destination Success Criteria: Support: I can move the ball to a designated destination using any part of the body</p>	<p>Objective: Games – To use tennis balls and bats Success Criteria: Support: I can connect a tennis ball with a bat underarm Core: I can connect a tennis ball with a bat underarm and overarm</p>



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<p>from someone in their team Extension: I can pass to and receive the ball from someone in their team whilst moving LOtC: Practice passing the ball on the playground. Use goal posts on school playground Use mugga for five a side game SMSC Reflection, team & group work, Independent working on their own, Sense of enjoyment & fascination in learning about themselves, others & the world around them.</p> <p>Cooperating well with others and being able to resolve conflicts effectively.</p> <p>Willingness to participate in & respond to artistic, musical, sporting & cultural opportunities.</p> <p>Respect for the environment, respect for each other.</p> <p>Using IT: Use of IPad Mini to record assessment via classroom monitor/ still photo & video. Stop watches. Learning about different ways to carry and throw a beanbag safely.</p> <p>Suggested Activities: Warm up Beans game Muss. This was a phrase for a scramble, when any small objects were thrown down, to be taken by those who could seize them. In "Antony and Cleopatra" (iii. 13) Invasion games Learning the basic invasion game skills and rules. (mat ball, bench ball)</p> <p>Learning about fair play and safety rules; no body contact (arm length distance), no hitting or grabbing ball out opponents hands, no kicking of the ball and no diving on a ball.</p> <p>Learning about finding open spaces away from the defender.</p> <p>Describing how to make it difficult for</p>	<p>stationary partner Extension: I can dribble bounce the ball to a partner whilst changing direction LOtC: Use the playground to set up activities. SMSC Reflection, team & group work, Independent working on their own, Sense of enjoyment & fascination in learning about themselves, others & the world around them.</p> <p>Cooperating well with others and being able to resolve conflicts effectively.</p> <p>Willingness to participate in & respond to artistic, musical, sporting & cultural opportunities.</p> <p>Respect for the environment, respect for each other.</p> <p>Using IT: Use of IPad Mini to record assessment via classroom monitor/ still photo & video. Stop watches. Learning about different ways to carry and throw a beanbag safely.</p> <p>Suggested Activities: Warm up 'traffic lights'</p> <p>Reproducing and applying the safety rules learned.</p> <p>Learning and improving running, walking, starting stopping, hopping and skipping skills.</p> <p>Repeat and improve large ball handling skills (rolling, bowling & bouncing) in different positions (sitting, standing, squat down) Practice this individually and in couples/ small groups.</p> <p>Basket ball Giant skittles Stool-Ball. This game, alluded to in the "Two Noble Kinsmen " (v. 2), Beanbags Large metal bin, beanbags Carrying beanbag across the room to put in the bin and returning to seat Sitting in a circle, passing a beanbag to the next person. Introduce a second beanbag</p>	<p>moving partner Extension: I can dribble bounce the ball towards a moving partner and evade LOtC: Use the playground to set up activities SMSC Reflection, team & group work, Independent working on their own, Sense of enjoyment & fascination in learning about themselves, others & the world around them.</p> <p>Cooperating well with others and being able to resolve conflicts effectively.</p> <p>Willingness to participate in & respond to artistic, musical, sporting & cultural opportunities.</p> <p>Respect for the environment, respect for each other.</p> <p>Using IT: Use of IPad Mini to record assessment via classroom monitor/ still photo & video. Stop watches. Learning about different ways to carry and throw a beanbag safely.</p> <p>Suggested Activities: Warm up 'video game'(Stop, pause, left, right, up, down)</p> <p>Learning about the effects of exercise.</p> <p>Learning & repeating the importance of a warming up Repeat running, starting and stopping and learning to change direction through tag games.</p> <p>Learning how to tag and familiarizing themselves with the rules in each tag game. Dribbling (bouncing): Develop and improve continual bouncing using both left and right hand while moving. Improve technique through relay type activities or skill stations. Stool-Ball. This game, alluded to in the "Two Noble Kinsmen " (v. 2), Beanbags Large metal bin, beanbags Carrying beanbag across the room to put in the bin and returning to seat Sitting in a circle, passing a beanbag to</p>	<p>Core: I can kick/move the ball using feet or hands to selected target. Extension: I can pass and receive then aim the ball at a chosen target. LOtC: Play kickball on playground or school field Practice passing the ball on the playground. Use goal posts on school playground Use mugga for five a side game SMSC Reflection, team & group work, Independent working on their own, Sense of enjoyment & fascination in learning about themselves, others & the world around them.</p> <p>Cooperating well with others and being able to resolve conflicts effectively.</p> <p>Willingness to participate in & respond to artistic, musical, sporting & cultural opportunities.</p> <p>Respect for the environment, respect for each other.</p> <p>Using IT: Use of IPad Mini to record assessment via classroom monitor/ still photo & video. Stop watches. Learning about different ways to carry and throw a beanbag safely.</p> <p>Suggested Activities: Warm up Beans game</p> <p>Develop kicking a ball using different parts of body.</p> <p>Begin to dribble the ball under control. Develop correct methods of kicking with control. Kicking the ball using different parts of foot.</p> <p>Begin to aim at a target Practice taking pace of the ball.</p> <p>Practice passing and receiving. (placement of feet, actual passing of the ball, stopping the ball is important).</p> <p>Develop technique through mini (3 or 4 a side games)</p>	<p>Extension: I can connect a tennis ball with a bat underarm and overarm between themselves and a partner(rally) LOtC: Play bat and ball games against a wall in the playground Play rounder's on the school field SMSC Reflection, team & group work, Independent working on their own, Sense of enjoyment & fascination in learning about themselves, others & the world around them.</p> <p>Cooperating well with others and being able to resolve conflicts effectively.</p> <p>Willingness to participate in & respond to artistic, musical, sporting & cultural opportunities.</p> <p>Respect for the environment, respect for each other.</p> <p>Using IT: Use of IPad Mini to record assessment via classroom monitor/ still photo & video. Stop watches. Learning about different ways to carry and throw a beanbag safely.</p> <p>Suggested Activities: Warm up 'traffic lights'</p> <p>Repeat running, starting and stopping and learning to change direction through tag games. Describing the effects of exercise. Exploring throwing, catching, rolling, bouncing fielding and striking skills with soft tennis balls. Individually, in couples and in group activities. Short Tennis (Tennis. According to a story told by the old annalists, one of the most interesting historical events in connection with this game happened in Henry V when meditating war against France). , Quick cricket , rounder's or any other type of fielding and batting game</p> <p>Beanbags Large metal bin, beanbags Carrying beanbag across the room to put in the bin and returning to seat</p>
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<p>the opponent.</p> <p>Learning about smart defending.</p> <p>Beanbags Large metal bin, beanbags Carrying beanbag across the room to put in the bin and returning to seat Sitting in a circle, passing a beanbag to the next person. Introduce a second beanbag Can you get faster? In a circle, dropping or throwing beanbag into bin, taking turns.</p> <p>Balloons Watching as balloon is pushed up above their heads, reach for it as it falls Knocking balloon to another child Catching it when pushed by an adult Carrying it across the room Shake it in a parachute</p> <p>Balls Rolling across a table to another child, (put a tuff tray on table to keep it inside, or use several small balls in this way.) Do the same activities as with beanbags Use sending chute to play skittles, borrow the ones in pink class or try the big wooden ones. Use the big physio ball to push across the circle, try sitting further apart. Thread the plastic airflow balls onto long pieces of string, tie right across the classroom. Children to move them from one side of the room to the other</p>	<p>Can you get faster? In a circle, dropping or throwing beanbag into bin, taking turns.</p> <p>Balloons Watching as balloon is pushed up above their heads, reach for it as it falls Knocking balloon to another child Catching it when pushed by an adult Carrying it across the room Shake it in a parachute</p> <p>Balls Rolling across a table to another child, (put a tuff tray on table to keep it inside, or use several small balls in this way.) Do the same activities as with beanbags Use sending chute to play skittles, borrow the ones in pink class or try the big wooden ones. Use the big physio ball to push across the circle, try sitting further apart. Thread the plastic airflow balls onto long pieces of string, tie right across the classroom. Children to move them from one side of the room to the other</p>	<p>the next person. Introduce a second beanbag Can you get faster? In a circle, dropping or throwing beanbag into bin, taking turns.</p> <p>Balloons Watching as balloon is pushed up above their heads, reach for it as it falls Knocking balloon to another child Catching it when pushed by an adult Carrying it across the room Shake it in a parachute</p> <p>Balls Rolling across a table to another child, (put a tuff tray on table to keep it inside, or use several small balls in this way.) Do the same activities as with beanbags Use sending chute to play skittles, borrow the ones in pink class or try the big wooden ones. Use the big physio ball to push across the circle, try sitting further apart. Thread the plastic airflow balls onto long pieces of string, tie right across the classroom. Children to move them from one side of the room to the other</p>	<p>Bowls. Frequent allusions occur to this game, which seems to have been a popular pastime in olden times.</p> <p>Beanbags Large metal bin, beanbags Carrying beanbag across the room to put in the bin and returning to seat Sitting in a circle, passing a beanbag to the next person. Introduce a second beanbag Can you get faster? In a circle, dropping or throwing beanbag into bin, taking turns.</p> <p>Balloons Watching as balloon is pushed up above their heads, reach for it as it falls Knocking balloon to another child Catching it when pushed by an adult Carrying it across the room Shake it in a parachute</p> <p>Balls Rolling across a table to another child, (put a tuff tray on table to keep it inside, or use several small balls in this way.) Do the same activities as with beanbags Use sending chute to play skittles, borrow the ones in pink class or try the big wooden ones. Use the big physio ball to push across the circle, try sitting further apart. Thread the plastic airflow balls onto long pieces of string, tie right across the classroom. Children to move them from one side of the room to the other</p>	<p>Sitting in a circle, passing a beanbag to the next person. Introduce a second beanbag Can you get faster? In a circle, dropping or throwing beanbag into bin, taking turns.</p> <p>Balloons Watching as balloon is pushed up above their heads, reach for it as it falls Knocking balloon to another child Catching it when pushed by an adult Carrying it across the room Shake it in a parachute</p> <p>Balls Rolling across a table to another child, (put a tuff tray on table to keep it inside, or use several small balls in this way.) Do the same activities as with beanbags Use sending chute to play skittles, borrow the ones in pink class or try the big wooden ones. Use the big physio ball to push across the circle, try sitting further apart. Thread the plastic airflow balls onto long pieces of string, tie right across the classroom. Children to move them from one side of the room to the other</p>
Week 11	Week 12	Week 13	Week 14	Notes...
<p>Objective: Games – To use large hoops in various ways Success Criteria: Support: I can roll the hoop in any direction Core: I can pass the hoop to a partner using different techniques. Extension: I can create a game using the hoops LOtC: Use the playground for hoop activities.</p>	<p>Objective: Games – To use small & large jump rope in various ways Success Criteria: Support: I can swing rope consistently Core: I can jump or turn a small rope multiple times Extension: I can jump in to a large swinging rope LOtC: Use school field for jump rope activities SMSC</p>	<p>Objective: Games – To play learned games using previously learned techniques. Success Criteria: Support: I can take part in a team game Core: I can choose a previously learned game Extension: I can organise a team game LOtC: Use school field, playground, mugga for team games and activities. SMSC</p>	<p>Objective: Games – To play learned games using previously learned techniques. Success Criteria: Support: I can take part in a team game Core: To choose a previously learned game Extension: I can organise a team game LOtC: Use school field, playground, mugga for team games and activities. SMSC</p>	



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<p>SMSC Reflection, team & group work, Independent working on their own, Sense of enjoyment & fascination in learning about themselves, others & the world around them.</p> <p>Cooperating well with others and being able to resolve conflicts effectively.</p> <p>Willingness to participate in & respond to artistic, musical, sporting & cultural opportunities.</p> <p>Respect for the environment, respect for each other.</p> <p>Using IT: Use of iPad Mini to record assessment via classroom monitor/ still photo & video. Stop watches. Learning about different ways to carry and throw a beanbag safely.</p> <p>Suggested Activities: Warm up Beans game</p> <p>Hopscotch. Played during WW2</p> <p>Repeat running, starting and stopping and learning to change direction through tag games.</p> <p>Describing the effects of exercise.</p> <p>Exploring various ways of throwing, rolling and retrieving, jumping, running and hopping with the hoop. Exploring different ways of using these skills with a partner.</p> <p>Beanbags Large metal bin, beanbags Carrying beanbag across the room to put in the bin and returning to seat Sitting in a circle, passing a beanbag to the next person. Introduce a second beanbag Can you get faster? In a circle, dropping or throwing beanbag into bin, taking turns.</p> <p>Balloons Watching as balloon is pushed up above their heads, reach for it as it falls</p>	<p>Reflection, team & group work, Independent working on their own, Sense of enjoyment & fascination in learning about themselves, others & the world around them.</p> <p>Cooperating well with others and being able to resolve conflicts effectively.</p> <p>Willingness to participate in & respond to artistic, musical, sporting & cultural opportunities.</p> <p>Respect for the environment, respect for each other.</p> <p>Using IT: Use of iPad Mini to record assessment via classroom monitor/ still photo & video. Stop watches. Learning about different ways to carry and throw a beanbag safely.</p> <p>Suggested Activities: Warm up 'traffic lights'</p> <p>Hopscotch. Played during WW2</p> <p>Learning about the safety rules when using a jump rope. Learning various ways of jumping gradually building up in difficulty. Learning how to move the rope on the floor. Learning how to swing the rope consistently. Learning the jumping techniques (1-1, 2-1, 1-2) Learning to hold the rope correctly to be able to turn it. Start Large rope activities / technique. (turning of the rope is important) Develop through competition.</p> <p>Beanbags Large metal bin, beanbags Carrying beanbag across the room to put in the bin and returning to seat Sitting in a circle, passing a beanbag to the next person. Introduce a second beanbag Can you get faster? In a circle, dropping or throwing beanbag into bin, taking turns.</p>	<p>Reflection, team & group work, Independent working on their own, Sense of enjoyment & fascination in learning about themselves, others & the world around them.</p> <p>Cooperating well with others and being able to resolve conflicts effectively.</p> <p>Willingness to participate in & respond to artistic, musical, sporting & cultural opportunities.</p> <p>Respect for the environment, respect for each other.</p> <p>Using IT: Use of iPad Mini to record assessment via classroom monitor/ still photo & video. Stop watches. Learning about different ways to carry and throw a beanbag safely.</p> <p>Suggested Activities: Warm up 'video game'(Stop, pause, left, right, up, down)</p> <p>Use small/large jump ropes for team games, counting number of jumps made. 3,4 or 5 a side football on the mugga Rounder's Bench Ball Quick cricket Short tennis Tag ball Beanbags Large metal bin, beanbags Carrying beanbag across the room to put in the bin and returning to seat Sitting in a circle, passing a beanbag to the next person. Introduce a second beanbag Can you get faster? 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Medium Term Plan – Key Stage - Books & Authors
Year 9

	<p>Knocking balloon to another child Catching it when pushed by an adult Carrying it across the room Shake it in a parachute</p> <p><u>Balls</u> Rolling across a table to another child, (put a tuff tray on table to keep it inside, or use several small balls in this way.) Do the same activities as with beanbags Use sending chute to play skittles, borrow the ones in pink class or try the big wooden ones. Use the big physio ball to push across the circle, try sitting further apart. Thread the plastic airflow balls onto long pieces of string, tie right across the classroom. Children to move them from one side of the room to the other</p>	<p><u>Balloons</u> Watching as balloon is pushed up above their heads, reach for it as it falls Knocking balloon to another child Catching it when pushed by an adult Carrying it across the room Shake it in a parachute</p> <p><u>Balls</u> Rolling across a table to another child, (put a tuff tray on table to keep it inside, or use several small balls in this way.) Do the same activities as with beanbags Use sending chute to play skittles, borrow the ones in pink class or try the big wooden ones. Use the big physio ball to push across the circle, try sitting further apart. Thread the plastic airflow balls onto long pieces of string, tie right across the classroom. Children to move them from one side of the room to the other</p>	<p><u>Balls</u> Rolling across a table to another child, (put a tuff tray on table to keep it inside, or use several small balls in this way.) Do the same activities as with beanbags Use sending chute to play skittles, borrow the ones in pink class or try the big wooden ones. Use the big physio ball to push across the circle, try sitting further apart. Thread the plastic airflow balls onto long pieces of string, tie right across the classroom. Children to move them from one side of the room to the other</p>	<p><u>Balls</u> Rolling across a table to another child, (put a tuff tray on table to keep it inside, or use several small balls in this way.) Do the same activities as with beanbags Use sending chute to play skittles, borrow the ones in pink class or try the big wooden ones. Use the big physio ball to push across the circle, try sitting further apart. Thread the plastic airflow balls onto long pieces of string, tie right across the classroom. Children to move them from one side of the room to the other</p>	
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