



Week 1	Celery	Cereals containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Monday														
<i>(v) Margherita Pizza</i>		✓		✓			✓							
Potato Wedges														
Rainbow Salad														
Jacket Potato														
<i>(v) Veggie Mince Bolognese</i>		✓											✓	
Vegetable Medley														
Cheese Sandwich Filling							✓							
Ham Sandwich Filling														
50/50 Bread		✓											✓	
Spread							✓							
Carrot Batons														
Popcorn														
Orange Wedges														
Ice Cream Tub							✓							
Tuesday														
Oriental Beef Meatballs	✓	✓											✓	
Noodles		✓		✓										
Green Beans														
Sweetcorn														
Jacket Potato														
Grated Cheese							✓							
Baked Beans														
Rainbow Salad														
Cheese Sandwich Filling							✓							
Egg Mayo Sandwich Filling				✓					✓					
50/50 Bread		✓											✓	
Spread							✓							
Cucumber Sticks														
Sultana Bag														
Melon Wedge														
Beetroot Brownie		✓		✓										
Wednesday														
Roast Chicken														
<i>(v) Lentil Roast</i>		✓		✓			✓						✓	

Stuffing		✓												
Roast Potatoes														
Carrots														
Garden Peas														
Gravy														
Cheese Sandwich Filling							✓							
Tuna Mayo Sandwich Filling				✓	✓				✓					
Bread Roll		✓		✓			✓							
Spread							✓							
Carrot Batons														
Popcorn														
Orange Wedges														
Apple Flapjack		✓					✓							
Thursday														
Jacket Potato														
Beef Bolognese														
Grated Cheese							✓							
Broccoli														
<i>(v) Sweet Potato and Lentil Curry</i>							✓							
Steamed Rice														
Broccoli														
Cheese Sandwich Filling							✓							
Ham Sandwich Filling														
50/50 Bread		✓											✓	
Spread							✓							
Cucumber Sticks														
Sultana Bag														
Apple Wedges														
Berry Muffin		✓		✓			✓							
Friday														
Fish Fingers		✓			✓									
<i>(v) Vegetable Goujons</i>														
Chips														
Garden Peas														
Baked Beans														
Cheese and Tomato Pasta Pot		✓					✓							
Carrot Batons														
Popcorn														
Orange Wedges														
Bitesize Cocoa Oatcake		✓					✓							

(v) Veggie Sausae		✓											✓	✓
Yorkshire Pudding		✓		✓			✓							
Roast Potatoes														
Carrots														
Garden Peas														
Gravy														
Cheese Sandwich Filling							✓							
Tuna Mayo Sandwich Filling				✓	✓				✓					
Bread Roll		✓		✓			✓							
Spread							✓							
Carrot Batons														
Popcorn														
Apple Wedges														
Ice Cream Tub							✓							
Thursday														
Jacket Potato														
Chicken Curry							✓							
Rainbow Salad														
(v) Cheesy Pasta		✓					✓							
Broccoli														
Sweetcorn														
Cheese Sandwich Filling							✓							
Ham Sandwich Filling														
50/50 Bread		✓											✓	
Spread							✓							
Cucumber Sticks														
Sultana Bag														
Apple Wedges														
Orange Cupcake		✓		✓			✓							
Friday														
Fish Fingers		✓			✓									
(v) Vegetable Goujons														
Chips														
Garden Peas														
Baked Beans														
Cheese and Tomato Pasta Pot		✓					✓							
Carrot Batons														
Popcorn														
Melon Wedge														
Mini Shortbread		✓					✓							

These allergens are correct at the time of publishing, however alterations can be made subject to product change and availability. We advise the contents of these reports to be checked reguarly.

Norse kitchens are nut-free environments and every precaution is taken to eliminate the likelihood of cross-contamination of allergens within kitchens, we are unable to guarantee a 100% allergen free environment